

Camp Description:

Daily Schedule:

Swim first...start the day with a splash in our outdoor pool. Swim lessons emphasizing technique and safety. There is also time left aside for free non-instruction swimming. The main focus is on helping the young camper achieve the skill of swimming safely in any conditions.

Lunch is served at the outdoor pool at noon, unless the weather requires the campers to come inside at the Café. We have created a quality menu, both healthy and tasty.

Tennis instruction takes place in the afternoon using the 10 & Under system with special balls and rackets. Again, the goal is to have the camper proficient enough to enjoy the sport with others.

Also in the afternoon, we will provide indoor basketball and other fun indoor activities and sports.

We also invite special teachers to visit the camp and offer unique programs and activities, they can include everything from learning how to eat healthy to magic.



Staff:

Tennis Pro Steve Summer is a USP-TA Elite Pro that has been coaching for 20 plus years, specializing in working with young children of all levels. Having access to the indoor courts insures a great experience.



Swim Coach Lisa Marie Meakin has taught swimming for the YMCA, an experienced water exercise instructor and certified Red Cross to train others to become lifeguards through the Red Cross. She has been working with various children camps and programs in the Bay Area for the last 10 years. Once again, access to the indoor pool is real plus during the summer months.



Multi-Sport Camps

Certified adult quality instructors...that focus on real learning and improvement.

Learn to play tennis and swim to enjoy the remainder of the summer and the rest of your life.

Mt. Tam Racquet Club
1 Larkspur Plaza Drive
Larkspur, CA 94939
924-6226

email: info@MtTamRC.com
www.MtTamRC.com

Dates and Times:

July 15-19

July 22-26

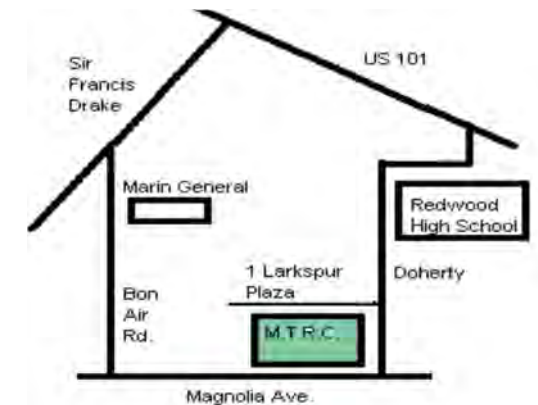
August 5-9

August 12-16

All camps run from
10am—3pm

Camp available for ages 6-
12 years of age.

Additional supervision
available from 9am—10am
and from 3pm—4pm for a
fee of \$6 per hour. To be
paid at pick-up or prepay for
the whole week.



Swim & Tennis Academy: Enter number of campers: _____
June 17____ June 24____

Multi-Sport Camps:
July 15____ July 22____ Aug 5____ Aug 12____

Please indicate Swimming Level:
___ Beginner (working on side breathing)
___ Intermediate (multiple strokes)
___ Advanced (swim team experience)

Camp Fees – Non-refundable, transferable for 2019 camp date change.
Includes Lunch & Snack

MTRC Member: we will charge your club account
Multi-Sport Camp: \$345/camp/camper.
Swim & Tennis Academy: \$450

Non-Member: Check or Credit Card with Registration
Multi-Sport Camp: \$375/camp/camper.
Swim & Tennis Academy: \$475

Please return completed form to:
Mt. Tam Racquet Club
PO Box 116
Larkspur CA. 94977

Members can also register on line at www.MtTamRC.com. When going to the site, click on Camp Registration and follow the instructions. Mt. Tam members can access the Camp Registration through their membership portal.

Child Information

Name: _____ Age: ___ Male / Female (please circle)
Address: _____ City: _____ Zip: _____
School: _____ Grade Fall 2018: _____

Family Information

Parent/Guardian Name _____ Phone (H) _____ Cell _____
Phone _____
Email _____
Address _____
Parent/Guardian Name _____ Phone (H) _____ Cell _____
Phone _____
Email _____
Address _____

Emergency Care Information

Doctor _____ Phone: _____
Address: _____
Hospital Preference: _____ Phone: _____
Medical Insurance Carrier: _____ Policy# _____
Dentist: _____ Phone: _____
Dental Insurance Carrier: _____ Policy# _____

Emergency contacts: (parents will be contacted first) and persons Authorized to pick-up child

Name _____ Phone: _____
Name _____ Phone: _____
Name _____ Phone: _____

Child's Medical History and Allergy Information

Medications: _____
Allergies: _____

Consent for Medical Treatment and Waiver

In the event of an emergency when I cannot be reached, I give my permission to Mt. Tam Racquet Club and Multi Sport Kids Camp staff to obtain medical treatment for my child. I hereby release Mt. Tam Racquet Club, its staff and employees from any and all claims of liability or damages while participating in Multi Sports Kids Camp.

Parent/Guardian Signature

_____ Date: _____