



Newsletter

January 2022

At your service in 2022...

We've had some staff return, but like many other businesses, we've had to hire new people. Historically, we have used the January newsletter to introduce our staff, which we will do again.

Those two fellows in the glass office in the Lobby are Dick Lahey, President, who was one of the founders of the Club in 1974 and has served in this capacity since 1976. Rod Heckelman has been our General Manager and Tennis Director since 1976.

The Reception Desk staff is led by Cory George and Vincent Truong. We have been very fortunate to keep Betty Jean Valdez and our long-time morning captain, Vicky Cunningham. Vicky arrives every morning to make sure the Club is ready for you at the 5am opening! Other Reception Desk staff include Genevieve Davidson, Avery Kechter and Arthur Lueck.

The Café is run by the Club with Head Chef Jesus Vara cooking and creating a menu focused on consistency and taste.

Many of you have had interactions with our Accounting Manager, Jodie Hawley. Jodie is also our Fitness Director as well as a trainer and Pilates class instructor.

Lisa Meakin is our Swim Director and also the Summer Camp Director. She holds the rare credentials of being certified to train and certify lifeguards and also to certify for CPR credentials.

A key component of the operation of the Club is the maintenance/house cleaning crew. Many members recognize Gladys Perez, who works during the day along with her sister, Victoria, but seldom see her husband, William, who comes at night to do the evening cleaning. During the day, Jose Puertas and Alex Vela keep the Club running smoothly, handling most maintenance issues.

The fitness floor and the maintenance of all the machines are managed by Nick Granovsky with the assistance of Bob Collins, Cameron Kecskes, Jaycob Milstein and Mohammed Laqta. You will notice many of these also work shifts in the Café and Reception Desk, in order for us to have more complete coverage.

*All of us at MTRC wish you a
Happy, Healthy and Prosperous New Year!*

At this time, please note that all usage must be through MyClubLives, except for the gym

Club Hours:

Weekdays: 4:45am - 9:00pm

Weekends: 6:45am - 9:00pm

Café: Tuesday– Sunday 11am–4pm

Indoor Courts closed Monday mornings for lessons and maintenance.

New Year's Day

Club Hours 7am-9pm
No Fitness Classes

Martin Luther King Day

Monday, January 18
Club Hours 7am-9pm
Special Fitness Classes in the AM only
Will be announced.

Pickleball New Hours

Little by little this program grows and as it does the demand changes. With that said, the group is moving up it's start time to 2pm and ending at 4pm.

This Month's Schedule with AI

Self Defense Class on Wednesday, Jan. 19 at 6:00 and the Tai Chi-Quigong on Saturday, Jan. 22 at 11:30

New Wine List

We altered our selections in the Café in an effort to providing more variety and quality, at the same time still provide affordable wines by the glass or the bottle. Check out the new menu next time you come in.

Towels Return Near Locker Rooms

As a convenience to members, we are returning to providing towel service to the location near the entrance to the indoor pool.

Dues Increase

Normally, with increasing wages and costs on every level including food, equipment, water and energy, we would be raising the Dues for next year. However, in recognition of the wonderful sustaining support of the Membership through these difficult times, we will absorb the cost.

THANK YOU and HAPPY NEW YEAR!

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Fitness Updates

Power Pilates Returns

Wednesdays and Fridays 9:30-10:30 a.m.

Beginning Wednesday, January 5th on the basketball court. Power Pilates is a mat-based, Pilates fusion class incorporating gliders, weights, tubing, bands, rollers, balance disks, BOSUs and other equipment into a fun and challenging course. All levels are welcome, modifications are always offered, and instruction is based on classic Pilates-based cuing, with three ways to perform each exercise: Beginner/intermediate, modified, and advance variations.

Also...

Please note: Fitness classes will continue on Zoom indefinitely until mask requirements are lifted. Thank you for your support of our Fitness program.

Light Saber Party

Our kids' Light Saber event was a big hit. Eleven young members worked with classically trained martial artist and sword fighter Mike Biggs to learn classical sword fighting stances, blocks and cuts with a Holiday Gift Bag finale. It was a fun and active workout, a chance to learn some new skills and build confidence and an enjoyable way for youngsters to spend an energetic Sunday afternoon at the club with friends new and old. Stay tuned for more fitness events in the New Year!



News From the Swim Department

Lisa, Aquatics Director, is taking some time off this coming month but she will be returning to resume lessons and other activities in late January.

Tennis Updates

Had Too Much Fun

The tennis party we hosted last month turned out to be a lot of fun. Many of the participants were happy to have an event focused on providing an atmosphere of meeting others. Consequently, we are planning to host this event every month. Last month we allowed each member to bring a guest, but during this time of year we only have the indoor courts, so it will be members only. All levels are welcome because the format is simple: just come and we pair you up on the court, play about 20 minutes and then either take a break or go to another court with new players. And again, we will provide a free glass of wine and snacks. This month it is scheduled for Saturday, January 22nd, from 4:30pm to 7pm. No need to sign up, just show up.

From Steve Summers...

"After 17 years at Mt. Tam I have decided to move on to a new opportunity. I have thoroughly enjoyed my time at the club and will miss all of you more than you know. I want to thank management, staff and the members for welcoming me into your family all these years and making Mt. Tam a fun place to work. I will leave here with many great friendships and memories. I wish everyone nothing but the best in the future."

Please note that Steve will continue with his lesson program until January 28, any programs or lesson packages will be adjusted appropriately.



Guest Policy Reviewed...

We made some substantial changes in our Guest Policy a few months ago, but seems it may still be a bit confusing. You may have as many guests as you want, never more than three at a time (that's so you can play doubles), but no guest can come to the Club more than once a month. This can be difficult for some because they may not be aware that the person they invited has already used the Club once during that month with another member. We do have on the Guest Card a notice in writing stating this, as well as a means of tracking usage, but this issue still pops up every once in a while. Best approach is to ask your guest prior to inviting them to the Club if they have been a guest during that month.

Also, with MyClubLives, you will want to add the name of the guest(s) to your reservation. This, too, will help track guest usage. Remember, you can change the name of your guest anytime before taking the court, so you will not be stuck with only one choice.

Finally, please remember that guests are never allowed on the Challenge Courts. Often you will see people with their guests move to an open Challenge court when their reservation has come to an end. This only causes issues as you never know when there might be sudden demand for the Challenge Court by members, so we discourage this at all times. Easy to remember...guests on reserved courts only.