

COVID-19 REGULATIONS: Mt Tam will be following all State and County guidelines for the dates of each camp. Please expect changes throughout the summer from camp to camp. Parents will be updated with an email before camp begins on the most recent COVID protocol for camp. If you are enrolled in multiple camps one week might be different than another. Staff will be updated on safety and health guidelines as they are made available.

Swim! Campers will make a splash in our outdoor pool. Swim lessons will emphasize technique and safety. Swimmers will be divided up by level. There is also time put aside for free swim. Lunch is served at the outdoor pool at noon. We have created a quality menu, both healthy and tasty. Tennis instruction takes place in outdoor or indoor courts depending on COVID protocol. Again, the goal is to have the camper proficient enough to enjoy the sport with others. Please have your child prepared for a day in the sun with a hat, water bottle and sunscreen. Games or craft and a snack will be offered each day. Pick up and drop off will be outside by the outdoor pool.

Staff:

Tennis Pro Sylesh David is a USPTA Elite Pro that has been coaching for 15 plus years. He is excellent with young children, showing great patience and understanding of their learning skills. Having access to the indoor courts insures a great experience.



Swim Coach: Lisa Meakin has taught swimming for the YMCA, Pleasanton and El Cerrito community pools. She is an experienced water exercise instructor and certified Red Cross Lifeguard Instructor. She has been working with various children camps and programs in the Bay Area for the last 10 years. Once again, access to the pool is real plus during the summer months.



Multi-Sport Camps

Certified adult quality instructors...that focus on real learning and improvement.

Learn to play tennis and swim to enjoy the remainder of the summer and the rest of your life.

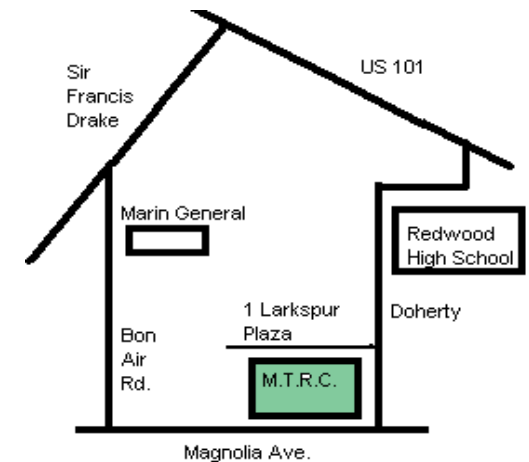
Mt. Tam Racquet Club
1 Larkspur Plaza Drive
Larkspur, CA 94939
924-6226

email: aquatics@MtTamRC.com
www.MtTamRC.com

Dates and Times:
June 20th-24th
June 27th-July 1st
August 1st-5th

All camps run from
10:00am—3:00pm
Camp for ages 7-12 years

There is no before or after care this year.



June Multi Sport camps:
June 20___ June 27___

August Multi Sport Camps:
August 1___

Please indicate Swimming Level:
___ Beginner (able to swim freestyle and back float independently)
___ Intermediate (multiple strokes knowledge)
___ Advanced (swim team experience)

Camp Fees – Refundable or transferable for alternate service if child becomes ill. Fees includes Lunch & Snack. Members have priority registration until April 15th.

MTRC Member: we will charge your club account
Multi-Sport Camp: \$385/ per child
Non-Member: Check or Credit Card due before camp
Multi-Sport Camp: \$485/ per child
Enrollment is not complete until payment is received.

For Registration: Please contact aquatics@mttamrc.com. prior to registration. Your name must be on an approved list. No registration will be accepted without prior approval. Space is limited this year. Once camp is full you can request waitlist status and if there are cancelations you will be contacted

Parent check list for camp: Mask may be required.

For Swim: Sunscreen Goggles Swim Suit

For Tennis: Closed toe athletic shoes Dry clothing Hat Sunscreen Water bottle Tennis racquet recommended

Child Information

Name:_____ Age:___ Male / Female (please circle)
Address:_____ City:_____ Zip:_____
School: _____ Grade Fall 2021:_____

Family Information

Parent/Guardian Name _____ Phone (H) _____ Cell
Phone _____
Email _____
Address _____
Parent/Guardian Name _____ Phone (H) _____ Cell
Phone _____
Email _____
Address _____

Emergency Care Information

Doctor _____ Phone: _____
Address: _____
Hospital Preference: _____ Phone: _____
Medical Insurance Carrier: _____ Policy# _____
Dentist: _____ Phone: _____
Dental Insurance Carrier: _____ Policy# _____

Emergency contacts: (parents will be contacted first) and persons Authorized to pick-up child

Name _____ Phone: _____
Name _____ Phone: _____
Name _____ Phone: _____

Child's Medical History and Allergy Information

Medications: _____
Allergies: _____

Consent for Medical Treatment and Waiver

In the event of an emergency when I cannot be reached, I give my permission to Mt. Tam Racquet Club and Multi Sport Kids Camp staff to obtain medical treatment for my child. I hereby release Mt. Tam Racquet Club, its staff and employees from any and all claims of liability or damages while participating in Multi Sports Kids Camp.

Parent/Guardian Signature

_____ Date: _____